

## **World Olive Center for Health**

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Athens: 14/03/2024

Cert. Num: C2324-00517

## **CERTIFICATE OF ANALYSIS**

Brand Name: Archetypon EVOO Analysis Date: 12/03/2024

Owner: Olive Groves Archetypon

Variety: KORONEIKI

Origin: FILIATRA MESSINIA GREECE

Harvesting Period: 10-11/2023

Oil Mill:

**Chemical Analysis** 

**Production Date:** 

Oleocanthal	194	mg/Kg
Oleacein	142	mg/Kg
Oleocanthal <mark>+</mark> Oleacein (index D1)	337	mg/Kg
Ligstroside <mark>ag</mark> lycon (monoaldehyde form)	67	mg/Kg
Oleuropein aglycon (monoaldehyde form)	95	mg/Kg
Ligstroside aglycon (dialdehyde form)*	111	mg/Kg
Oleuropein aglycon (dialdehyde form)** R HEALTH	82	mg/Kg
Free Tyrosol	26	mg/Kg
Total tyrosol derivatives	399	mg/Kg
Total hydroxytyrosol derivatives	320	mg/Kg
Total polyphenols analyzed	719	mg/Kg

## Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the samples included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 14,38mg of hydroxytyrosol, tyrosol or their derivatives.

Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed at the National and Kapodistrian University of Athens according to the method that has been submitted to EFET and published in J. Agric. Food Chem. 2012, 60, 11696, J. Agric. Food Chem. 2014, 62, 600 & Molecules 2020, 25, 2449.

The results relate to the analyzed sample.

\*Oleomissional+Oleuropeindial \*\*Ligstrodial+Oleokoronal

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