

SOAPING THERAPY

The Greek Handmade Natural Soaps Collection

#### ZEOLITE & VOLCANIC SAND

IDEAL FOR ALL SKIN TYPES. EXCELLENT FOR OILY SKINS WITH ACNE PROBLEMS. SUITABLE FOR CASES OF PSORIASIS, ECZEMA, DRYNESS.

**ZEOLITHOS:** microporous argylliusilicate mineral which is one of the most powerful antioxidants present in nature (LifeLink Pharmaceuticals, 2005).

It helps eliminate heavy metals, especially lead, mercury, cadmium, arsenic, aluminium, tin and extra iron, without removing healthy ions and metals. It removes radioactive metals such as cassium and strontium-90, pesticides, herbicides, as well as toxins from the body, substances implicated in the emergence of many health problems.

It binds harmful metals and organic compounds, which it safely withdraws from the body, cleaning the body. It encaptrurates free radicals without letting them function It is a powerful anti-viral natural product, one of the most valuable products of nature with a numerous benefits which scientists constantly discover!

INGREDIENTS: Olive Oil, Castor Oil, Shea Butter, Coconut Oil, RSPO Palm Oil, Chamomile, Coconut Milk, Zeolite Natural Powder, Tussah Silk, Volcanic Sand

# • SULFUR SOAP especially for acne

For treatment against Eczema, Acne, Psoriasis. Anti-greasy hair. Suitable for Roch Acne. Seborrheic Dermatitis. Psoriasis.

We use it twice a week for body wash, once a week for shampooing. FOR OIL Y AND MIXED SKINS.

INGREDIENTS: Olive Oil, Castor Oil, Coconut Oil, RSPO Palm Oil, Sulfur, Calendula, Essential Oil of Tea Tree, Chamomile, Caledoula

#### • RED CLAY - CALENDULA - TEA TREE SOAP

Soap ideal for detoxifying and rejuvenating the tired skin. It softens the dark circles and wrinkles under the eyes. You can use it for makeup removing.

Calendula extract is soothing, anti-inflammatory, antibacterial, helps regenerate tissues and is beneficial for various skin conditions. Olive oil, coconut oil, palm oil greatly hydrate the skin. Red Clay stimulates blo

INGREDIENTS: Olive Oil Impregnated with Caledoula & Chamomile, Shea Butter, RSPO Palm Oil, Coconut Oil, Chamomile, Red Clay, Tea Tree

#### • ORANGE SOAP

Orange helps collagen's production. Provides hydration and elasticity to the skin giving shine and vitality. Enhances the skin's defense against air pollution. Protects vessels and tightens the loose skin. Moreover, offers hydration and elasticity. FOR DRY & NORMAL SKINS

INGREDIENTS: Olive Oil, Castor Oil, AVOCADO Oil, Coconut Oil, RSPO Palm Oil, Orange Juice, Orange Zest, Orange essential Oil, Turmeric, Volcanic Sand. Seaweed

#### SHAVING SOAP

100% handmade, from vegetable oils, gently flavored with CEDAR and COFFEE. For those who love the traditional shaving method with a brush, will enjoy a soap of exceptional natural oils that makes rich and creamy foam, cleanses deeply and moisturizes the skin while allowing the blade to "run" on the surface of the face! Protect the skin from irritations

INGREDIENTS: COCOA BUTTER, ALMOND OIL, CASTOR OIL, CANOLA OIL, COCONUT OIL, RSPO PALM OIL, CLAY BETONITE, WATER, CEDAR AROMA & COFFEE

#### MASTIHA SOAP

IT'S RELEASING WONDERFUL APHRODISIAC SCENT AND FRESHNESS. Mastic oil retains beneficial moisture on the skin while helping skin cell regeneration.

Mastic has been used for grooming since ancient times and was as a major ingredient in soap production. It has significant antimicrobial and antibacterial activity and strong antioxidant properties

INGREDIENTS: Olive Oil, Castor Oil, Shea Butter, Cocoa Butter, RSPO Palm Oil, Coconut Oil , Chamomile, Poppy Seeds, White Clay, mastic powder

#### SOAP FOR MEN

Soap with extremely rich foam and ingredients that moisturize the male skin significantly, such as Olive Oil, Coconut Oil, Almond Oil, Shea Butter, Palm Oil & Aloe. The spicy scent of Cardamom, Sage, Lemon, Cedar and Bergamot will make you love it for sure! SUITABLE FOR NORMAL SKINS

INGREDIENTS: Olive Oil, Shea Butter, Sage, Castor Oil, Coconut Oil, RSPO Palm Oil, White Clay, Poppy Seeds

## • JASMINE SOAP

CREATE WELLNESS AND RELAXATION SENSE. Antiseptic and moisturizing the skin, gently cleanses the body and face while maintaining the natural moisture of the skin. With beautiful, fresh scent. SUITABLE FOR ALL SKIN TYPES

INGREDIENTS: Olive Oil, Castor Oil, Shea Butter, Coconut Oil, RSPO Palm Oil. Chamomile. Hibiscus. Tussah Silk. Jasmine Essential oil



## • LEMON SOAP (face & body & hair)

SUITABLE FOR OILY SKIN AND HAIR. Soap with wonderful Lemon scent. It offers toning and wellness. Deeply moisturizes and rejuvenates the skin. It has soothing and anti-aging effect on mature skin. It can be used for both, body, hands and hair.

INGREDIENTS: Olive Oil, Shea Butter, Coconut Oil, RSPO Palm Oil, Chamomile, Poppy Seeds, Lemon & Lemongrass essential oil, Yellow Clay, Citrus zest, lemon juice.

#### ACTIVATED CHARCOAL & TEATREE SOAP

IDEAL CLEANER FOR ACNE AND FATTY SKINS. This soap gives DEEP CLEANING, with velvety foam! Removes sebum without drying the skin. Activated charcoal is a 100% natural product, very effective in blocking toxins, poisons, heavy metals and dragging them along.

INGREDIENTS: Olive Oil, Cannabis Oil, Almond Oil, Castor Oil, Shea Butter, Coconut Oil, RSPO Palm Oil, Chamomile, Tea Tree essential oil, Activated Charcoal, Volcanic Sand.

#### COFFEE SOAP

FOR CELLULITE REDUCTION, FAT REDUCTION Coffee is a powerful antioxidant and vasodilator. Caffeine grains tightens the skin, constricts the blood vessels to fight cellulite, varicose veins, local fat. Coffee make exfoliating, thus contributing to the smooth texture of the skin of the thigh and buttocks area.

INGREDIENTS: Olive Oil, RSPO Palm Oil, Castor Oil, Coconut Oil, Almond Milk, Essential Oil Coffee & Orange. Ground coffee







The Greek Handmade Natural Soaps Collection





# SOAPING THERAPY THE GREEK HANDMADE SOAP COLLECTION

The Soaping Therapy Handmade Natural Soaps are prepared based on pure Greek olive oil and completely natural ingredients, to protect skin and give it health purity, freshness, shining day after day!

They do not contain chemical ingredients dangerous to health and the environment that we usually find in commercial soaps. Specifically, they do not contain Parabens, Sodium Lauryl Sulfate, Propulene glucol Phthalates, NM, PCM, MIT Triclosan, DeA.

The cold saponification process we use, dates back to the 17th centuru! It differs significally from the hot method - which is widely used in most soaps - in the fact that here the soap stays and matures for 45 whole days before packaging, so the caustic soda is converted into Glycerin completely Natural, rich in Moisturizing properties with great Cosmetic value!

In addition, the cold process allows us to add to our recipes precious oils and herbal extracts, fruits & fruit juices, essential oils and clays, exfoliants and milk, making our soap very rich in ingredients, beneficial in properties for safe daily use by the whole family!

The specialized knowledge that we constantly acquire across the way, allows us to produce soaps in a variety of recipes aiming at individualized needs of cleansing and

Let us give ourselves the luxury of a high quality natural soap and let us enjoy the touch of nature on our skin.















### • LAVENDER SOAP

#### OFFERS TRANQUILITY - REVITALIZATION - FRESHNESS

Soap with strong antiseptic and anti-inflammatory properties, relaxes and calms body and spirit protects the skin from mild skin diseases. IDEAL FOR OILY AND MIXED SKIN.

INGREDIENTS: Olive Oil, Castor Oil, Almond Oil, RSPO Palm Oil, Coconut Oil, Chamomile, Lavender Essential Oil, Poppy Seeds - Lavender Flowers

# HONEY-PROPOLIS-ALMOND MILK SOAP

Soap with HONEY & PROPOLIS cleanses the skin thoroughly without drying it. Excellent for greasy or youthful skin with acne problems. Honey cares and softens the skin. Propolis has mild antiseptic action and ensures proper skin hygiene. Cleanses and offers antisepsis to the face and body skin. It can be used in face and body as well as in shaving. SUITABLE FOR ALL SKIN TYPES.

# \*The propolis and honey we use its from our production.

INGREDIENTS: Olive Oil, Castor Oil, Coconut Oil, RSPO Palm Oil, Honey, Propolis, Almond Milk

# HEMP SEED OIL SOAP

Cannabis oil is an oil with excellent properties, very moisturizing for use on the face, hair and body, by men and women and for all skin types. It does not irritate the skin, it is hypoallergenic and antibacterial, it has anti-aging properties, it protects the skin from ultraviolet rays. It effectively treats many skin problems such as eczema, psoriasis, dermatitis rashes and even burns

INGREDIENTS: Olive Oil, Hemp Seed Oil, Coconut Oil, RSPO Palm Oil, Volcanic Sand, Chamomile

#### CHAMOMILE - ALOE SOAP

Rich, moisturizing & cleansing soap for hands, face and all over the body. Moisturizes the skin perfectly, soothes irritations, rejuvenates it. Has strong anti-inflammatory and anti-bacterial properties, enhances greatly the skin's defenses. SUITABLE FOR SKIN DISEASES LIKE PSORIASIS & ACNE. FOR ALL SKINTYPES.

INGREDIENTS: Olive Oil, Shea Butter, Castor Oil, Coconut Oil, RSPO Palm. Oil, Aloe Vera, Almond Milk, Chamomile, Spirulina

# • PURE - FOR CHILDREN Unscented, Mild And Gentle For Chemically Sensitive People

Unscented, Mild and Gentle, ideal for Babu's Sensitive Skin; and Chemically Sensitive People. No fragrance, no color, no any artificial ingredient. Soap, rich in nutritional oils, with velvet foam, protects against irritations, offering beneficial moisture and softness. GENTLY CLEANS FACE AND BODY, SUITABLE FOR ALL SKIN TYPES.

INGREDIENTS: Pure olive oil impregnated with calendula & balsam, Avocado oil, Shea butter, Almond oil, Coconut oil, Palm oil RSPO, Almond milk. Chamomile

# SALT SOAP- DETOXIFYING CRYSTAL SALT

Eliminates toxins from the skin and achieves deep cleansing of the expanded pores, leaving the skin soft and soft. Rich in minerals, sodium, magnesium, calcium. Peeling naturally, relaxes and revitalizes the body. It nourishes and at the same time significantly moisturizes the tired skin. This type of soap is very popular in luxury spa baths. Ideal for oily skin.

INGREDIENTS: Olive Oil, Castor Oil, Shea Butter, Coconut Oil, RSPO Palm. Oil, Chamomile, White Clay, Seaweed



#### HAIR SOAP

Hydrates naturally and strengthens the hair. With a combination of essential oils, herbs and impregnated oils, it aims to enhance hair growth and reduce hair loss. The marvelous smell due to many herbs contained within the soap.

INGREDIENTS: Olive Oil, Shea Butter, Castor Oil, Laurel Oil, Coconut Oil, RSPO Palm Oil, Sage, Laurel, Rosemaru, Nettle, Achillea, Walnut leaves. White Clay, Essential oils of: Thyme, Lavender, Eucalyptus,

#### • FACE SOAP

## PERFECT for DRY SKIN & HAIR, FOR FACE & BODY, SKIN DISEASES LIKE ECZEMA, PSORIASIS etc.

SOAP with a strong cleansing and anti-aging effects, thanks to cosmetic oils vitamins, effectively treats skin problems like burns. wrinkles, acne. Carrot Zest and carrot juice, is antioxidant, eliminate the dead cells, and effectively treats skin problems such as blemishes and discoloration. It has great creamy foam. Protects against ultraviolet UV radiation.

INGREDIENTS: Olive Oil, Avocado Oil, Shea Butter, Castor Oil, Coconut Oil, RSPO Palm Oil, Chamomile, White Clay, Carrot Juice,

Carrot Zest, Honey



We are a small group of people, who have chosen a natural way of life with a healthy diet and exercise. We strongly believe that the selected food can be our medicine, and the responsible care of our health is essential for a quality life.

Our involvement with Handmade Natural Soaps started as a necessity to create pure cleansing and moisturizing products, free from dangerous chemical additives, for ourselves and our families.

The raw materials we use are always of excellent quality. Cretan & Peloponnesian Olive oil, vegetable oils, products of the Greek land such as essential oils, herbs, honey, goat milk & donkey milk, clays, fruits and juices, and manu more.

The whole production that takes place is purely handmade and natural; it is made with the traditional cold method process, the soap then matures for long, so the natural produced Glycerin remains in it, offering the maximum cosmetic value.

Our effort was guickly embraced so enthusiastically that we have created a wide range of cosmetic soaps under the brand:

# SOAPING THERAPY NATURAL SOAPS

The expert knowledge that we constantly obtain allows us to easily produce tailor made recipes.

Our soaps have been produced with meticulous care and great dedication, will fully satisfy your needs and perfectly match with your high aesthetic standards that characterize you as sophisticated consumers.

Enjoy our Hellenic land pure richness and allow a generous healthy touch offreshness, on your body.



