

## ROYAL JELLY net weight 10 gr

From spring to July, we collect Royal Jelly. **Royal jelly** is a creamy substance produced by bees as food for the future queen. It is secreted by special glands in the pharynx of worker bees and that's why differs from honey, since it is not secreted by the bees' body. The royal jelly feeds the bee larvae, which as perfect insects will become queens. These larvae initially do not differ from those that become the workers, but under the influence of the royal jelly they grow into queens!

Royal jelly is an ultimate superfood, contains proteins, amino acids, lipids, vitamins and minerals. It is widely believed that it has quite beneficial effect on humans.



Specifically, it contains 67% water, 12.5% proteins and amino acids, 11% simple sugars (monosaccharides) and 5% fatty acids. It also contains many trace elements, enzymes, antibacterial and antibiotic elements and traces of vitamin C.

There for, It is the most complete natural superfood

The package contains a tiny spoon that you have to use. We recommend only one dose with that small spoon, in the morning before your breakfast, put it under the tongue until it dissolves.

Children should take half of this spoon and athletes and patients not more than two.

## NAURAL PROPOLIS TINCTURE

Propolis produced by bees is mainly used to seal cracks or holes (Prop + city = Before the city).

It contains hundreds of compounds, such as vitamins, minerals, amino acids and flavonoids that promote anti-inflammatory, antioxidant and antibiotic properties, which help the inside of the cell get rid of infectious agents. It has a natural antimicrobial action, and strengthens the body's defenses. Daily use is believed to help our immune system a lot and soothe a sore throat – in case of a cold.

It is compatible with homeopathic treatment.

100% natural Propolis tincture. It is extracted in alcohol of 95-degree purity without chemical additives.



An adult can take 20-30 drops (children 10 drops) in a solution mixed with half a glass of water or milk.

**net weight 35 gr**

## **Pollen**

Pollen is collected daily in the spring where nature abounds, cleaned and frozen to preserve its freshness. Bee Pollen is a high protein food, extremely important for those who exercise, but also for those who need more energy in their daily lives

**220gr**



